



Your Life is Good

by Sr. Joseph Mary Nazareth, SV

Death entered the world as a result of sin. God made us for everlasting union with Himself and so we rightly recoil from death. The good news is that God's plan for life and love could not be thwarted: "For God so loved the world that He gave His only Son, that whoever believes in Him shall not perish, but have eternal life" (Jn 3:16). Through Jesus' death and resurrection, Love Himself has conquered death, setting us free from the grave and offering us a share in His victory.

Dr. Cecily Saunders (1918-2005), founder of the modern hospice movement and leader in developing palliative care, dedicated her life to understanding and responding to the needs of the dying. Dr. Saunders combined her deeply-held Christian faith with groundbreaking clinical expertise, pioneering new ways to use medication to relieve pain which allow palliative care physicians today to expertly control symptoms and make it possible for us to live natural death peacefully. As, Pope St. John Paul II wrote in *The Gospel of Life*: "The request which arises from the human heart in the supreme confrontation with suffering and death...is above all a request for companionship, sympathy, and support... It is a plea for help to keep on hoping when all human hopes fail".

Dr. Saunders' years of experience convinced her that hope is born within authentic, loving accompaniment: "One continually sees that faith in God and His care is made infinitely easier by faith in someone who has shown kindness and sympathy." She believed that all the needs of the dying were summed up in Christ's words in the garden of Gethsemane: "Watch with Me" (Mt 26:38), meaning above all, just "be there," she explained.



I am loved for who I am, not for anything I can do, have, or produce; I am precious to God simply because I exist.

Remaining close to the dying, and receiving them with reverence in their vulnerability and dependence, reveals to them the goodness of their being; it is to say, "You matter simply because you are you. **If we will only look at their dignity through their dependence . . . and if we will see our own need reflected in theirs.**"

The last months, weeks, or even days of a person's life can become the most significant; everything that is unimportant falls away and life becomes about what is truly essential: the relationship of love, given and received. Love is not defeated by death; it always holds the promise of forever. The fact that we grieve the loss of a loved one is proof of this. Holding these truths before our eyes is the great gift that the dying give us; as Dr. Saunders once said, **"We need the dying as much, if not more than they need us."**

Dr. Saunders observed, "Hope grows out of facing reality as well as we can. We often miss it because we duck reality and opt out of the struggle. Yet, man seems to be made to look forward." Ramsey, a patient Dr. Saunders wrote in his diary two weeks before he died: "I don't know how it will happen, but the sense that Jesus will find me and make me all that I am, and more, is not too far away.... I seem to be at the beginning of my life, with God and that is amazing."

The liturgy of the Church reminds us that in death "life is changed, not ended." Jesus has promised that whatever lies before us, He is waiting to meet us with His love: "Even though I walk through the valley of death, You are there... You give me comfort" (Ps 23). As Dr. Saunders observed, in the end "the Christian answer to the mystery of suffering is not an explanation, but a Presence."





Scholarship Opportunity

Please pass this information on to anyone who you think might qualify.

Albert Johnston Scholarship Opportunity

\$1000 towards post-secondary tuition for students having completed Grade 12 by June 2026.

Requirements - due April 1, 2026:

- 1. Essay
- 2. Two references
- 3. Volunteering (in pro-life-affirming activities with those who are pregnant, disabled, elderly) which contestants should begin now.

Please allow 5 business days for Canada Post delivery to us by the due date.

Email: kamloopsprolife@gmail.com for more information or see ‘Scholarship’ under ‘Events’ on our website <http://www.voices4life.com>

If you can't keep me, Mamma,
it's all right, I'll understand,
but please let someone else reach out
to take my tiny hand.
So many childless couples would be
happy as can be,
if they could but adopt and love
a little one like me.

Remember that when you were just
as small and frail as I,
your mother didn't make the choice
to have her baby die.

You had your chance to live,
so please let me have my chance, too.
I can't escape, I can't cry out...My life depends on you!
Your preborn child.

Spring Dessert Evening

Friday, April 24th 2026 at 7 p.m.

Kamloops Full Gospel Tabernacle

1550 Tranquille Road

Ticket price \$15.00 per person

(A great opportunity to invite your friends)

Special Speaker **Marlon Bartram**, BSW,
Executive Director, Kelowna Right to Life Society.
His presentation is titled **“Men Hurt Too”**.



In 2002, Marlon Bartram found out the hard way that abortion is an act of violence that kills a baby, hurts women, and hurts men too. The loss of his unborn child to an abortion he tried desperately to prevent changed him, his priorities, and his life.

For more than twenty years he has fought to affect the culture, to convince society that the unborn are valuable members of society worthy of legal protection.

Annual General Meeting

OLPH Hall -

Wednesday, February 25, 2026 @ 7:00 p.m.

2026 Pro Life Society memberships must be paid at least 30 days prior to Feb. 25. (Membership dues can be e-transferred to kamloopsprolife@gmail.com).



From Garry, Tonia, Lise-Anne, John, Monna, Anita, Marcella, Judy, Teresa, Maureen, Maria and Shirley

In order for receipts to be issued for the 2025 year, donations must be received on or before Wednesday, Dec. 31, 2025. Just add Kamloops Pro-life Society to your list of payees as kamloopsprolife@gmail.com. This will auto-deposit your donation and provide a notification of the transfer to both KPLS and you. In the memo portion, be sure to include your mailing address for income tax receipt purposes. **Alternatively you can donate through www.CanadaHelps.org.**

Kamloops Pro-Life Society, Box 24051, 74B - 700 Tranquille Road, Kamloops, BC V2B 8R3

- ☐ I would like a 2026 Single Membership. Enclosed is \$10.00*
- ☐ I would like a 2026 Senior Membership (60+). Enclosed is .. \$5.00*
- ☐ I would like a 2026 Family Membership. Enclosed is \$15.00*
- ☐ Enclosed is a one-time donation in the amount of \$_____
- ☐ Enclosed is my donation towards city bus advertising \$_____
- ☐ Enclosed are ____ post-dated cheques in the amount of \$_____

Please make all cheques payable to
Kamloops Pro-Life Society



*Upon approval by the Board of Directors

Name _____
Address _____

City _____
Postal Code _____
Phone _____
E-mail _____

☐ Please add me to your mailing list.